

**Endometriosis South Coast**



**Endometriosis South Coast**

**Annual Report and financial  
statements for the year  
ended 31 March 2024**

**Charity no. 1186203**

# Endometriosis South Coast



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For the year ended 31 March 2024

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# Endometriosis South Coast

## Legal and Administrative Information

Charity name: Endometriosis South Coast

Other names the charity is known by: Endo South Coast

Registered charity number: 1186203

Registered charity address:  
Hive Portsmouth Sector Hub  
22 Edinburgh Road  
PORTSMOUTH  
PO1 1DH

Contact: [admin@endometriosisouthcoast.com](mailto:admin@endometriosisouthcoast.com)  
02394 217090

Website: [endometriosisouthcoast.com](http://endometriosisouthcoast.com)



Name	Role
Kirsty Rogers	Chair of Trustees Trustee
Kate Dunstone	Trustee
Bethany Wells	Trustee
Penny Chamberlain	Trustee
Sally Wason	Treasurer Trustee

# Endometriosis

**Between 200 and 500 million people world wide have endometriosis (Endo).**

This number is thought to be increasing as awareness increases, this may be because we know more about the condition and more people are being diagnosed correctly. At present, it is often thought of as a disease that primarily affects people of reproductive age but there is increasing literature that points to endometriosis affecting people before menarche and after menopause.



***“Takes on average 8.5 years to get a diagnosis, and upward of 5 Drs to be listened to.”***

The reason endo develops is still unclear, and treatment is inadequate, often resulting in putting a patient in chemical menopause using chemotherapy drugs, or a hysterectomy. Neither of which cures the condition and individuals often require ongoing care. Surgical and medical therapies that are available to people with Endo can be effective, however, there is a recurrence of symptoms at a rate of 20-50%, but this varies greatly between studies.

- More than 75% of participants in one study have reported being absent from work due to endometriosis, on average 5.3 days out of the month, as well as 40% of women becoming unemployed due to the disease.
- Despite the prevalence rates of endometriosis being so high, there is very little research and funding to undertake large high-quality studies into the care and lived experiences of patients with endometriosis.

\*Assigned Female at Birth

**1 in 7**

*people \*AFAB have Endometriosis*



**Costs the UK economy £8.2bn a year**

- In 2016, the National Health and Medical Research Council allocated £669,025 to endometriosis research, with diabetes being allocated £51.2 million, despite endometriosis having very similar prevalence rates to diabetes.
- 82% of people with Endo were unable to carry out day-to-day activities due to Endo-related symptoms.
- 95% of people with Endo said that symptoms impacted their well-being negatively.
- 90% said they would like access to psychological services.
- There are very few studies involving comparisons between different subgroups of the Endo community including different ethnicities, social statuses, and genders.

Endometriosis South Coast

# Trustee Annual Report



# Endometriosis South Coast

## Governing document

Constitution of a Charitable Incorporated Organisation who's only voting members are its charity trustees ('Foundation' model constitution)

Date of constitution; 04.11.2019

- 1.** The name of the Charitable Incorporated Organisation ("the CIO") is Endometriosis South Coast
- 2.** The CIO must have a principal office in England. The principal office of the CIO is in England.
- 3.** The object of the CIO is to preserve and protect good health for the public benefit among women suffering from endometriosis, in particular, but not exclusively, by:
  - a)** Providing support forums, information, practical advice and emotional support for sufferers of endometriosis, their families and friends.
  - b)** Providing donations and grants of financial assistance for the relief of women with endometriosis who are in need.
  - c)** Raising public awareness of endometriosis through the provision of information designed to inform and educate people about the condition.

# Endometriosis South Coast

## Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on

.....

and signed on its behalf by:

Kate Dunstone  
Trustee

24/01/2025

.....



# Trustees Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

## Public Benefit

We intend to spread awareness through a variety of campaigns, utilising our following on social media, and in-person community groups and events. We also actively fundraise to enable us to help as many people as possible with support and resources.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The trustees refer to public benefit throughout this report.



## Introducing

Endometriosis South Coast is an inclusive charity set up to support people who haven't started their diagnosis journey, are going through the diagnosis stages, or have been diagnosed with Endometriosis and/or Adenomyosis. We are also here for friends, family, and cheerleaders of the people that must jump through hoops to get started on the diagnosis pathway.

We aim to create a safe space for all people with the condition regardless of race, gender, or religion. **This disease does not discriminate** and neither do the people who run this charity.



# Endometriosis South Coast

## **FINANCIAL REVIEW**

In the year following our significant growth, the charity has maintained a steady income, reflecting our commitment to sustainability and consistent service delivery. With income remaining stable, the organisation has focused on enhancing operational efficiency and optimizing our existing resources to continue delivering impactful programs to our beneficiaries.

## **Income and Funding**

While total income has not increased, we believe this to be due to a decline in grant applications applied for by the Charity during the year. This resulted in further reliance on donations from the local community demonstrating the trust and support of our community and stakeholders. We have continued to nurture these relationships, ensuring that our fundraising efforts are aligned with our mission and resonate with our supporters. Our goal is to still further diversify our funding sources to ensure we sustain our financial position to reduce the reliance that the Charity currently has on donations from the community.

## **Expense Management**

Operating expenses have been carefully controlled and through strategic planning, we have identified areas for cost-saving and efficiency improvements without compromising the quality of our services. This disciplined approach has enabled us to allocate resources effectively, ensuring that core programs and future research projects remain fully funded and operational.

## **Program Impact**

Despite the stable income, our commitment to our beneficiaries has not wavered. We have continued to expand the reach and effectiveness of our services, leveraging partnerships and collaborations to enhance our offerings. Our focus on community engagement has resulted in increased participation in our programs, reflecting our ongoing relevance and responsiveness to community needs.

# Endometriosis South Coast

## **Future Outlook**

Looking ahead, the charity is focused on maintaining our financial health while exploring opportunities for future growth. We are actively working on diversifying our income streams to reduce reliance on any single funding source. This strategy will not only safeguard our operations but also position us to respond effectively to changing circumstances in the funding landscape.

Overall, while this year has seen income remain stable, the charity's resilience and strategic focus have allowed us to continue making a meaningful impact. With a solid financial foundation and a clear vision for the future, we are well-prepared to navigate the challenges ahead and further our mission to benefit the community we serve.

## **RESERVES POLICY**

Reserves will be utilised for the furtherance of the charities objectives as set out on page 9 of this report.

The minimum to be held as a financial reserve is £5,000 to cover 6 months of overheads.

Whilst our reserves are above this amount currently Donors are entitled to be reassured that a charity with reserves has good reason for keeping funds in reserves:

To anticipate future costs as outreach of support services expands and improves.

An overview of the financial position is reviewed at all Committee meetings and the trustee directors review the reserves policy as and when considered necessary.



# Objectives and Activities

The object of the CIO is to preserve and protect good health for the public benefit among women suffering from endometriosis, in particular but not exclusively, by:

- a) providing support forums, information, practical advice and emotional support for sufferers of endometriosis, their families and friends.
- b) providing donations and grants of financial assistance for the relief of women with endometriosis who are in need.
- c) raising public awareness of endometriosis through the provision of information designed to inform and educate people about the condition.



## Support Groups:

We hold in-person support groups every month. We often invite a guest speaker to talk about different topics, for example, fertility massage, essential oils and mental health services in the area.

## Online Support:

We have a support group on Facebook with over 1000 members where service users are welcome to ask questions, exchange advice, and chat with people in a similar situation. This group also holds a variety of resources to support our beneficiaries, including what to pack for a hospital stay and suggestions around diet and exercise – all created from feedback within the group.



# Objectives and Activities

*“A wonderful charity providing holistic support and care for endometriosis sufferers. It’s a very lonely illness, involving hidden disability and pain. It’s amazing to have a space where sufferers can find friendship and advocacy.”*  
*Beneficiary, 2024*



WWW.ENDOMETRIOSISSOUTHCOAST.COM

During the year we organised the following activities to raise funds:

- Sky Dive
- Charity Pub Quiz
- 2023 Sunflower Ball
- Abseil down the Spinnaker Tower

Endometriosis South Coast are members of many organisations to research and care for patients with menstrual Health Conditions, these include

- Association for Nutrition
- The All Party Parliamentary Group (APPG) for Endometriosis
- European Society for Reproductive Embryology
- World Endometriosis Society
- The Social Sciences Endometriosis Network
- World Endometriosis Organisation





# The Review 2023-24

*“This charity creates a safe, inclusive & educated environment full of love and support. Working tirelessly for the change in endo care that we all so desperately deserve!”*  
**Beneficiary, 2024**

## July 2023

- Charity Pub Quiz fundraiser
- Mindfulness in the Lavender Field event for beneficiaries
- Abseil Fundraiser
- Volunteer EDI training day with Jo Morgan, Engendered Change

## June 2023

- Portsmouth Pride community event
- Jodie was invited to a school to talk about Endometriosis with their teachers
- Jodie did a workplace endometriosis presentation for Kenwood UK

## April 2023

- Initiated Adenomyosis Awareness Month on social media
- Supported by Portsmouth Women's Football Club at their Stadium day

## May 2023

- Jodie presented her research at the World Congress on Endometriosis
- Jodie was named as a nominee as a Positive Role Model at the ITV National Diversity Awards
- Jodie was invited to contribute at the Treat it Queer conference on Transgender Endometriosis Care.



# The Review 2023-24

*"A wonderful charity. They create a comfortable, safe space for support in an open minded and welcoming setting. Couldn't recommend ESC enough!" Beneficiary, 2024*

## August 2023

- Community stall at the Monika Appeal Big Charity Bash

## September 2023

- Community stall at Eastleigh Pride
- Jodie achieved Finalist of ITV national diversity awards
- Launched the word of the week social media campaign
- Jodie and Steph were involved in the development of the Task Force on Women's Health Dorset
- Jodie was invited onto Medica Herstory's Podcast

## October 2023

- Great South Run with 8 runners
- Jodie was interviewed on Express FM

## November 2023

- We celebrated our 4th birthday with our Sunflower Ball and raised £3,000
- Charity Pub Quiz







# What is Endometriosis?

Endo is a Full Body Systemic condition that can lead to a variety of symptoms, affecting the entire body.

1.5 million people around the world are affected regardless of age, gender, race or sexuality.

Common Symptoms Include:



Painful Urination during your period

Difficulty Conceiving



Heavy Periods

Pelvic Pain and/or painful periods?



Bleeding between periods

Bowel issues during your period



Pain during and/or after sex



Nausea



@YellowTurtleArt



# The Review 2023-24

*“Thoughtful inclusive charity that seeks to improve the lives of those with endometriosis. Highly recommended.”*

## December 2023

- Pottery Painting session for our beneficiaries
- Started partnership with HeyGirls organisation

## January 2024

- Relunched Mindfulness sessions free once a month for our beneficiaries
- Clanfield Community Centre ran a fundraising raffle for us
- Involved in a Wellness and Fund Raising day with Purpose Performance
- Was in the local Newspaper because of our work with developing the 7 week talking therapy course with the local therapists
- Held a roundtable for other endometriosis experts and organisations to come together and share ideas for collaboration

*“Such a wonderful, supportive, and lovely community for everyone suffering with gynaecology issues. This group has really helped me overcome anxieties that surround the diseases, encouraged me, helped me understand more about the diseases and connected me with others suffering, we are not alone anymore. 🌻*

*All it takes is a good heart to help support and lift others around you. Be the change.”*  
Beneficiary, 2024



# The Review 2023-24

## March 2024

- Charity Quiz Night
- Jodie announced as UN Women CSW68 delegate
- Charity involved in a multilingual social media campaign to spread the right definition of what endometriosis is which gained a reach of almost 16k
- Participated in WorldWide Endo march collaborating with Girls Who Walk Portsmouth
- Jodie took part in an article in Cosmopolitan UK
- Steph (political advisor) spoke at the Portsmouth Hospitals International Women's event
- Jodie spoke at Pamodzi's Inspirational Women of Portsmouth Awards
- Jodie spoke at This Independent Life's Endometriosis Futures conference
- Live stream with GingeUnhinged's Victoria Hardy
- Jodie presented a lecture to online learning medical students

## February 2024

- Took a team of beneficiaries to a research day in Exeter after they had been involved in a research project
- Self love session with the Mindful Movement Coach
- Jodie spoke at the Pamodzi Creatives Ubuntu tea party
- Jodie was involved in the Fawcett Society and Benenden Health's Gender Health Gap campaign
- Jodie assisting Shaping Portsmouth to create a Women's Health resource page on their website



**1,000 members in  
our peer-to-peer  
support group.**



**4,380 Instagram  
supporters**



**2,165 LinkedIn  
followers**

**The initial plan for the charity, which was developed from launch, has been successful.** We want to ensure the momentum continues, and ensure our growth and reach is carefully planned. We need to build on our previous successes and have a path for expanding our support and services.

We aim to be a charity with sustainable revenue sources and provide a valuable service for our beneficiaries and the wider community – extending to health professionals so that they come to us for up-to-date, accurate information.

Over the next three years, our strategy is to consolidate how we operate to ensure the charity remains at the heart of the South Coast communities and extend our offer and reach to our beneficiaries each year.

We will do this using the following steps:

1

**Ensuring Trustees and volunteers are working effectively and collaboratively**, with clear guidelines, governance, and measurements for success.

2

**Producing clear information on terminology** so that all volunteers are informed and using the same language to describe all factors associated with endometriosis, adenomyosis and other related conditions.

3

**Enlisting ambassadors for the charity** amongst the health professionals from across the South Coast.

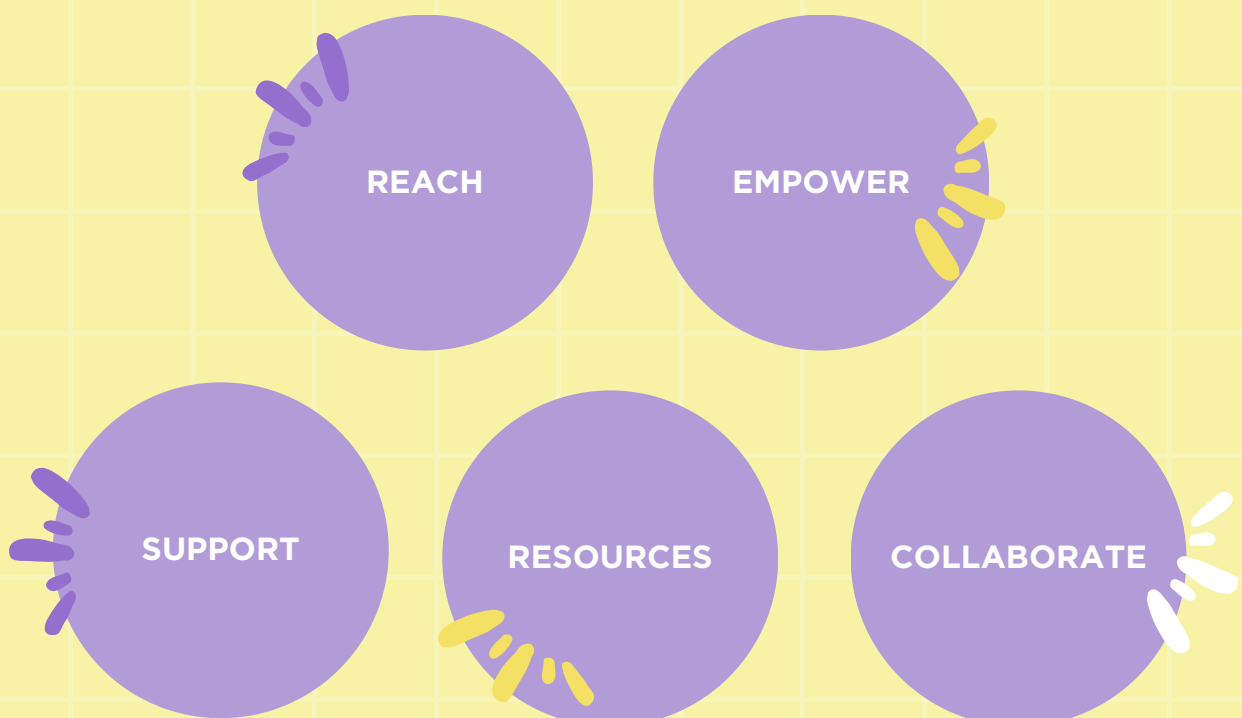
## Our Strategic Aims 2024– 2027: The way ahead

This strategy will inform Endometriosis South Coast’s work, until April 2027, and will be shared with all stakeholders to ensure that our focus and work is always in line with our strategy.

We have built-in scope for extending our efforts, to mirror changes in health provision, or requests from our beneficiaries.

We will always advocate for better health care and support for our beneficiaries with endometriosis, adenomyosis and other related conditions, and their families.

**This three-year strategy will commence in April 2024 and consists of 5 strategic areas**



# Recruitment and Selection Policy

## Policy aims

Endometriosis South Coast's aims are to attract, assess and appoint the best candidates for jobs, to promote equality of opportunity and to build a quality workforce to achieve the objectives of Endometriosis South Coast.

## Equal opportunities

- Encourages applications from all community sections, especially under-represented groups.
- Selection decisions based on skills, qualifications, and experience.
- Recognizes the value of diverse knowledge and experience.

## Person specification

- Criteria to be relevant, non-discriminatory, and carefully drawn up.
- Person specification defines specific skills, knowledge, and attributes.
- Job description outlines responsibilities, accountabilities, and main tasks.

## Advertising the Job:

- Ad designed to attract a wide range of suitable applicants.
- Language used in the advert avoids unintentional discrimination.
- Includes organization name, job title, salary details, duties, requirements, application method, and closing/interview dates.

## Dealing with applications

- All applications treated as confidential.

## Shortlisting & Interview

- All applications received before the closing date will be considered.
- The interview aims to assess applicant suitability based on the person specification.

## References:

- Referees contacted in writing with the candidate's permission.
- Checks required by the Asylum and Immigration Act 2006 undertaken.

**Review date: [26/03/2025]**



## Risk Management Policy

### **Purpose:**

- Integral part of internal control and governance arrangements.
- Explains risk management approach, roles, responsibilities, and reporting procedures.
- Outlines the process for evaluating the effectiveness of internal control procedures.

### **Underlying Approach to Risk Management:**

- Board of Trustees has ultimate responsibility for overseeing risk management.
- Operations Manager (OM) supports the Board in risk management activities.
- Senior managers implement approved policies.
- Key risks identified by the Board and closely monitored.

### **Internal Control and Risk Management:**

- System incorporates risk management to address governance, operational, financial, external, and compliance risks.

### **Risk Management Process:**

- Includes review of previous year, risk identification, evaluation, application of management techniques, recording and monitoring through a risk register, and assigning responsibility.
- Ongoing process with continuous risk reporting and updates.

### **Annual Review of Effectiveness:**

- Board reviews effectiveness based on information provided by senior employees.
- Considers control environment, identification and evaluation of risks, information and communication, and monitoring and corrective action.

### **Policy Revision:**

- Policy reviewed every three years by the Board of Trustees and amended as necessary, or earlier in accordance with legislation.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
ENDOMETRIOSIS SOUTH COAST

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records ; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

James Phelan FCCA  
Association of Chartered Certified Accountants  
Phelan Cloud Accounting  
8A Basepoint Business Centre  
Waterberry Drive  
Waterlooville  
Hampshire  
PO7 7TH

Date: 24/01/2025

**ENDOMETRIOSIS SOUTH COAST**

**STATEMENT OF FINANCIAL ACTIVITIES  
(INCORPORATION AN INCOME AND EXPENDITURE ACCOUNT)  
FOR THE YEAR ENDED 31 MARCH 2024**

		Unrestricted funds	Restricted funds	31/03/2024 Total funds	31/03/2023 Total funds
	Notes	£	£	£	£
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2.	11,007	-	11,007	10,311
<b>Charitable activities</b>					
Beneficiary support	3.	2,525	-	2,525	10,412
Fundraising	4.	11,529	-	11,529	11,063
<b>Total</b>		<u>25,061</u>	<u>-</u>	<u>25,061</u>	<u>31,786</u>
<b>EXPENDITURE ON</b>					
Raising funds	5.	6,491	-	6,491	6,313
<b>Charitable activities</b>					
Beneficiary support	6.	10,834	-	10,834	12,459
<b>Total</b>		<u>17,325</u>	<u>-</u>	<u>17,325</u>	<u>18,772</u>
NET INCOME/(EXPENDITURE)		7,736	-	7,736	13,014
RECONCILIATION OF FUNDS					
Total funds brought forward		16,012	-	16,012	2,998
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>23,748</u></u>	<u><u>-</u></u>	<u><u>23,748</u></u>	<u><u>16,012</u></u>

**ENDOMETRIOSIS SOUTH COAST**

**BALANCE SHEET  
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	31/03/2024 £	31/03/2023 £
<b>FIXED ASSETS</b>			
Tangible assets	12.	1,444	996
		1,444	996
<b>CURRENT ASSETS</b>			
Debtors	13.	227	192
Cash at bank		22,077	14,824
		23,748	16,012
<b>NET ASSETS</b>			
		23,748	16,012
<b>FUNDS</b>			
Unrestricted funds	15.	23,748	16,012
Restricted funds	15.	-	-
		23,748	16,012
<b>TOTAL FUNDS</b>			
		23,748	16,012

The financial statements were approved and authorised for issue by the Board of Trustees and authorised for issue on 24/01/2025 and were signed on its behalf by:

Sally Wason - Trustee

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

**Basis of preparing the financial statements**

The financial statements of the charitable incorporated entity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions is recognised as earned (as the related goods and services are provided). Grant income included in this category provides funding to support activities and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

**Volunteers and donated services**

The value of services provided by volunteers is not incorporated into these financial statements.

Where goods or services are provided to the charity as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity.

**Expenditure**

Expenditure is recognised when a liability is incurred. Contractual arrangements are recognised as goods or services as they are supplied.

- Expenditure on raising funds are those costs incurred in attracting voluntary income.
- Charitable activities include expenditure associated with providing services to the charity's beneficiaries and include both the direct costs and support costs relating to those activities.
- Support and governance costs include central functions and have been allocated to activities on a basis consistent with the use of resources.

ENDOMETRIOSIS SOUTH COAST

NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES - continued

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment	- 25% reducing balance
Event equipment	- 25% reducing balance

Individual fixed assets costing £200 or more are capitalised at cost.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. DONATIONS AND LEGACIES

	31/03/2024	31/03/2023
	£	£
Donations	8,768	4,069
Portsmouth Community Lottery	157	234
PayPal Donations	1,112	3,743
Donated goods and services	970	2,265
	<u>11,007</u>	<u>10,311</u>

Donated goods and services includes accountancy (£475) and independent examiners fee (£495).

3. INCOME FROM CHARITABLE ACTIVITIES

	31/03/2024	31/03/2023
	£	£
Grants	<u>2,525</u>	<u>10,412</u>
	<u>2,525</u>	<u>10,412</u>



**ENDOMETRIOSIS SOUTH COAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

Grants received, included in the above, are as follows:

	31/03/2024	31/03/2023
	£	£
The Hive Portsmouth	700	500
Groundwork UK	375	1,125
Co op grant	-	1,487
Bambo Limited	-	750
Main Grants Scheme	-	5,550
Portsmouth City Council	-	1,000
St James Place Foundation	800	-
Aviva Broker Community Fund	650	-
Other grants	-	-
	<u>2,525</u>	<u>10,412</u>

**4. FUNDRAISING**

	31/03/2024	31/03/2023
	£	£
Fundraising events	11,117	11,063
Merchandise sales	412	-
	<u>11,529</u>	<u>11,063</u>

**5. RAISING FUNDS**

	31/03/2024	31/03/2023
	£	£
Fundraising costs	6,491	6,313
	<u>6,491</u>	<u>6,313</u>

**6. CHARITABLE ACTIVITIES**

	Direct costs (see note 7)	Support costs (see note 8)	Totals
		£	£
Beneficiary support	1,912	8,922	10,834
	<u>1,912</u>	<u>8,922</u>	<u>10,834</u>

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

	31/03/2024	31/03/2023
	£	£
Materials	462	824
Consultancy fees	1,450	-
	<u>1,912</u>	<u>824</u>

**ENDOMETRIOSIS SOUTH COAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**8. SUPPORT COSTS**

	Management	Governance costs £	Totals £
Beneficiary support	8,427	495	8,922
	<u>8,427</u>	<u>495</u>	<u>8,922</u>

<b>Management</b>	31/03/2024 £	31/03/2023 £
Office costs and room hire	78	30
Web hosting	653	270
Computer software	439	153
Internet and telephone	158	147
Printing	-	23
Staff training	1,615	740
Accommodation and meals	106	592
Advertising and promotion	847	3,916
Consultancy fees	1,800	990
Postage	46	42
Charitable donations	-	131
Subscriptions	334	348
Insurance	238	38
Travel	1,247	1,740
Depreciation charge	341	210
Website costs	-	1,295
Accountancy fees	475	475
Bad debts	50	-
	<u>8,427</u>	<u>11,140</u>

<b>Governance costs</b>	31/03/2024 £	31/03/2023 £
Independent examiners fee	495	495
	<u>495</u>	<u>495</u>

**9. TRUSTEES' REMUNERATION AND BENEFITS**

During the year no trustee received any remuneration from the charitable incorporated organisation (2023: none).

**Trustees expenses**

During the year no (2023 : one) trustees was reimbursed expenses (2023 : £973) for accommodation, travel and fundraising event materials by the charitable incorporated organisation.

**ENDOMETRIOSIS SOUTH COAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**10. STAFF COSTS**

The charitable incorporated organisation has no employees. No Employee received emoluments in excess of £60,000.

**11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	10,311	-	10,311
<b>Charitable activities</b>			
Beneficiary support	10,412	-	10,412
Fundraising	11,063	-	11,063
<b>Total</b>	<u>31,786</u>	<u>-</u>	<u>31,786</u>
<b>EXPENDITURE ON</b>			
Raising funds	6,313	-	6,313
<b>Charitable activities</b>			
Beneficiary support	12,459	-	12,459
<b>Total</b>	<u>18,772</u>	<u>-</u>	<u>18,772</u>
NET INCOME/(EXPENDITURE)	13,014	-	13,014
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	2,998	-	2,998
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>16,012</u>	<u>-</u>	<u>16,012</u>

The above Statement of Financial Activities relates to the year ended 31 March 2023.

**ENDOMETRIOSIS SOUTH COAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**12. TANGIBLE FIXED ASSETS**

	Office equipment £	Event equipment £	Totals £
<b>COST</b>			
At 1 April 2023	216	990	1,206
Additions	788	-	788
Disposals	-	-	-
At 31 March 2024	<u>1,004</u>	<u>990</u>	<u>1,994</u>
<b>DEPRECIATION</b>			
At 1 April 2023	45	165	210
Charge for the year	134	206	340
Elimination on disposal	-	-	-
At 31 March 2024	<u>179</u>	<u>371</u>	<u>550</u>
<b>NET BOOK VALUE</b>			
At 31 March 2023	<u>171</u>	<u>825</u>	<u>996</u>
At 31 March 2024	<u>825</u>	<u>619</u>	<u>1,444</u>

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31/03/2024 £	31/03/2023 £
Prepayments	<u>227</u>	<u>192</u>
	<u>227</u>	<u>192</u>

**14. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds £	Restricted funds £	31/03/2024 Total funds £	31/03/2023 Total funds £
Fixed assets	1,444	-	1,444	996
Current assets	22,304	-	22,304	14,824
Current liabilities	-	-	-	-
	<u>23,748</u>	<u>-</u>	<u>23,748</u>	<u>15,820</u>

**ENDOMETRIOSIS SOUTH COAST**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**15. MOVEMENT IN FUNDS**

	At 01/04/2023 £	Net movement in funds £	At 31/03/2024 £
<b>Unrestricted funds</b>			
General fund	16,012	7,736	23,748
	<u>16,012</u>	<u>7,736</u>	<u>23,748</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	25,061	17,325	7,736
	<u>25,061</u>	<u>17,325</u>	<u>7,736</u>

**Comparatives for movement in funds**

	At 01/04/2022 £	Net movement in funds £	At 31/03/2023 £
<b>Unrestricted funds</b>			
General fund	2,998	13,014	16,012
	<u>2,998</u>	<u>13,014</u>	<u>16,012</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	31,786	18,772	13,014
	<u>31,786</u>	<u>18,772</u>	<u>13,014</u>

**16. RELATED PARTY DISCLOSURES**

During the year there were no transactions with related parties.